

AAUW

Empire State NYC Branch

Founded 2012

Empire Times

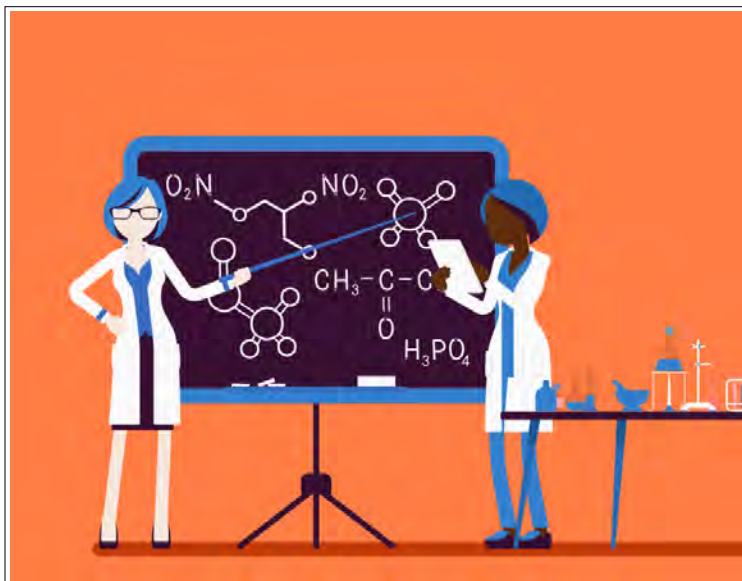
Fall 2020

Quarterly Volume 8 No.4

Welcome to the New AAUW Empire State NYC Branch!

Members of the New AAUW Empire State NYC Branch meet the 1st Friday of each month at the Harvard Club in NYC from 5:30 pm to 7:00 pm to discuss current issues related to women's education and other issues. Please join us for drinks and conversation.

Why so few women are working on the STEM fields?



According to AAUW's research, female students continue to encounter biases and stereotypes when it comes to the types of college majors and future careers, they "should" pursue, including the notion that science and math programs are better suited for men.

Women do major in some STEM fields, but their numbers are lower in the higher-paying areas: Women

earn 60% of degrees in biology and life sciences, but only 20% of degrees in engineering and 19% of computer and information science bachelor's degrees. An estimated 40% of women who study engineering either don't enter the field or leave it once they do because of the lack of sense of belonging.

If you want to make a difference, volunteer at our **Explore Your Opportunities, the Sky's the Limit Conference on Saturday, April 17, 2021**. This is an annual hands-on STEM conference to explore careers in Science, Technology, Engineering, and Math for 7th-grade girls in New York City and Westchester County. The conference is held at the College of Mount Saint Vincent, Riverdale (Bronx), New York. For more details, email Maria Ellis at mellis@fsacp.com or Lorrin Johnson eddlorin@yahoo.com.

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AAUW—Empire State
NYC Branch
973 216 4181

<http://empire-ny.aauw.net>

Founded 2012

A LETTER FROM THE EMPIRE STATE VIRTUAL BRANCH PRESIDENT, MARIA ELLIS



Dear Friends,

2020 has been a challenging year and we are all dealing with challenging times; therefore, it is important to remember that according to Charles Swindoll, Chancellor at the Dallas Theological Seminary, "Life is 10% what happens to you and 90% how you react to it."

When everything seems to have fallen apart, we must realize that we have options, and then we must assert exactly what we want for ourselves, for our family and for our community. Our primary mission at AAUW is the empowerment of women and girls through education and training, economic security, leadership and governance and sustainability.

We need to focus on everything that is working and continue to take action to achieve our goals to promote education and pay equity for women and girls. I highly encourage you to be proactive and join us at our next Start Smart/Salary Negotiation Workshop on Thursday, October 15th from 12 noon to 2 pm. The workshop is sponsored by the Empire State NYC Branch and the New York Institute of Technology in New York City. Please email me if you would like to join us at any of our zoom meetings and I will email you the zoom meeting links.

Let's create balance and do something for our mind, body, and soul every day. Read, solve a puzzle, or learn another language. Get air, light, and space; walk, run, dance, stretch. Meditate, listen to soothing music, and laugh with friends. Attend to all of yourself on a daily basis.

Take time to do things just for you, whether it's going to a gallery or singing loudly. Make time to do things for people you love, like cooking an extravagant meal for a group of friends. And leave a little time to do something for the universe.

Greeting a stranger on the street is just as significant as donating possessions you no longer need to charity. Give and enjoy it. Remember in the times when we feel that we have very little, we can still give in some way. You'll feel better for it, and more useful.

Do something you fear every day. It can be as small as phoning someone you don't want to talk to or as big as speaking in front of a crowd. Let that fear become a positive energy that moves you forward.

Be bold. You are capable. You are brave. Don't allow other people's fear to bog you down, and if it does then find a way of letting it go. Write it out; burn words in a bowl; see the person you know will lift you. Don't hold onto fear.

If you feel restricted then ask yourself in what way. Explore what you can do to change the situation, and see who or what might be able to aide you. Seek. Ask. Share. Sometimes letting go and redirecting your attention elsewhere can be the most useful action to take.

Look back on your day and highlight five things that made it brighter—people, treats, realizations. Remember to thank the people who have supported you.

If it's been a testing day do a Gratitude A-Z. Write something for every letter and see how you feel after you look back on twenty-six things you're grateful for.

Do something that will make today better than what's come before. What do you feel you missed out on? Can you do something about that now? Yes? Do it!

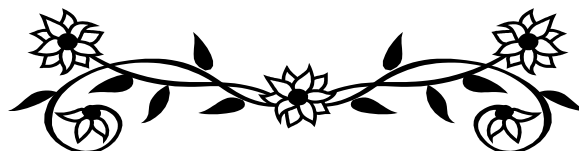
Re-affirm verbally, physically, mentally, creatively, and socially all that you have and energize it so that it continues to develop. Present tense and positive communication leads to progress.

You might stumble but know that you'll be okay as long as you learn, act, and remember that you already have all that you need. Live in the now. View yourself as other positive people view you. Recognize what you're doing well, instead of dwelling on what you wish you did better.

Keep Positive & Healthy!

Maria Ellis, MBA
Empire State NYC Branch President
Email: mellis@fsacap.com
Mobile: 973-216-4181
<https://empire-ny.aauw.net/>

To become a member or to renew your membership click on the link below:
https://svc.aauw.org/RECore/wMembership/NewJoinBranch_Enter.asp?branchid=NY2091



Secure Your Finances by Creating Your Own Financial Plan

https://www.amazon.com/Achieve-Financial-Freedom-Road-Success-ebook/dp/B089NK7RQG/ref=sr_1_1?dchild=1&keywords=maria+ellis&qid=1600708391&sr=8-1



Do you work long hours in a stressful career and wonder if it will be enough to support your financial needs in both the near and distant future? Do you want to ensure that you have enough money to live your dream life and retire on your own time? Why not learn how to make your money work for you before it is too late? You can start building a strong financial future right now without working yourself to death. It is never too early to learn how to invest your money.

In *Achieve Financial Freedom*, author Maria L. Ellis, MBA, brings together more than twenty years of experience to teach just how easy it can be to:

- Create a financial plan that makes it easy to achieve financial success
- Select the investments that are best for your specific goals
- Know the risks and rewards of investing, and avoid the pitfalls common to new investors so your money works for you
- Monitor and adjust your investment portfolio so you can watch your investments grow
- Invest your money so you will have enough to live your dream life

Condolences: Supreme Court Justice Ruth Bader Ginsburg



Our Condolences to the family of Supreme Court Justice Ruth Bader Ginsburg

On September 18, 2020, America lost one of our most beloved role models tonight, a pioneering jurist and iconic feminist who blazed new trails, not only in her own life, but in the lives of the countless women she championed and inspired.

She was the second woman to serve on the Supreme Court and a pioneering advocate for women's rights, who in her ninth decade became a much younger generation's unlikely cultural icon, died at her home in Washington. She was 87.



Article by Tomiko Brown-nagin Dean, Radcliffe Institute for Advanced Study, Daniel P.S. Paul Professor of Constitutional Law, Harvard Law School Professor of History, Faculty of Arts and Sciences

Ruth Bader Ginsburg will be remembered as a champion of equality. Well before she ascended to the Supreme Court, Ginsburg had left an indelible mark on law and society. At the ACLU Women's Rights Project, she was the chief architect of a campaign against sex-role stereotyping in the law, arguing and winning five landmark Supreme Court cases during the 1970s. These decisions established the principle of equal treatment in the law for women as well as men and banished numerous laws that treated men and women differently based on archaic gender stereotypes. Her achievements as a litigator made her, as many have said, the Thurgood Marshall of the women's rights movement.

Here are some of my favorite quotes from Supreme Court Justice Ruth Bader Ginsburg: My mother told me to be a lady. And for her, that meant be your own person, be independent.

I said on the equality side of it, that it is essential to a woman's equality with man that she be the decision-maker, that her choice be controlling.

Women will only have true equality when men share with them the responsibility of bringing up the next generation.



Congratulations to the Newly Weds!!

Congrats to Jessica Sims, our Empire Times NYC Branch, Communications and Visibility Director! Jessica married Sri Rupa Charan Ghole, on September 12, 2020 at Fort Sherman Chapel in Coeur D'Alene, ID. We wish Jessica and Sri Rupa much Joy & Happiness today and always!



Jessica and Sri Rupa



Jessica's Mom, Holly Reed
&
Maria Ellis, Jessica's Mentor

Start Smart/Salary Negotiation Workshop

Ask the President

Learning to Negotiate the Wage Start Smart Workshop
Sponsored by
AAUW's Westchester and Empire State Virtual Branch!
Place: New York Institute of Technology
Date: Zoom Meeting Thursday, October 15, 2020
Time: 12:00 - 2:00 p.m.

https://www.nyit.edu/box/features/know_your_value_how_to_negotiate_salary

https://www.nyit.edu/events/aauw_work_smart_salary_negotiation_workshop



Suzanne DeChillo/photographer, The New York Times Annie Houle of the WAGE Project uses \$1 bills and play money to show men's pay advantage over different groups of women. Her program teaches women how to negotiate for better salaries.

Did you see the article on the wage gap on the front page of the business section of the New York Times? If you haven't read the article, click on the link below for details:

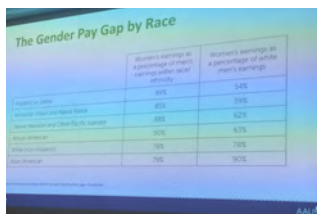
<http://www.nytimes.com/2012/12/16/business/to-solve-the-gender-wage-gap-learn-to-speak-up.html?ref=business&r=1>

AAUW StartSmart Salary Negotiation - NYIT



My Start Smart AHA moment was when I realized that I could have gotten a much higher salary during the role playing exercise. I feel that instead of taking the employer's word, I should have negotiated more; now I know better! I really enjoyed the workshop and I learned quite a bit. I want to thank you and everyone involved for taking the time to share this very valuable information with us.

Maryam Khan, NYIT Student



**YOU ARE
YOUR OWN
BRAND**

When is the next Start Smart/Work Smart Workshop Volunteer Facilitator Annual Training?

AAUW has decided to waive the annual training requirements in 2020 and has automatically extended your volunteer facilitator eligibility to March 31, 2021. An AAUW National team member will be in touch prior to March 31, 2021 with training requirements to maintain your eligibility as an AAUW volunteer.

While there are no training requirements in 2020 due to COVID-19 pandemic, we encourage you to stay current by participating on upcoming workshops. I will facilitate the next Start Smart/Salary Negotiation Workshop on Thursday, October 15th from 12 noon to 2 pm. The workshop is sponsored by the Empire State NYC Branch and the New York Institute of Technology in New York City. Please email me if you would like to join us and I will provide access to our zoom meeting. If you have any additional questions about Smart Smart/Work Smart and/or C/U activities in your area, please email me at mellis@fsacap.com.

Also, I am pleased to share with you that AAUW has successfully trained over 175,000 women nation-wide to close the gender pay gap and increase economic security for women and families. We encourage you to participate in our free online Equity Network events. The schedule of upcoming events and recordings from previous events can be found at <https://www.aauw.org/resources/events/equity-network/events/>

Getting Out to Vote!



Voting gives you the credibility to make your concerns a top priority for legislators. Don't let someone make the choices for you, because if you don't vote, someone else will. Our government was designed for citizen participation, so if you don't vote - other people are going to make the decisions for you!



Diversity and Inclusion



Diversity is critical to AAUW's mission. Issues of equity — from fair pay to sexual assault to access to health care — affect all women, and women in marginalized

groups often disproportionately experience the effects of these issues. To succeed in empowering women and girls, we must have diverse voices contributing different perspectives.

AAUW-Appraises Passage of The Paycheck Fairness Act

By passing this important bill, the House of Representatives has demonstrated its commitment to the economic security of American women and their families. We know there is a pay gap for all women, at every age, in every part of the country, and in nearly every industry. The gap has closed by less than a nickel in the 21st century, and it's obvious that something needs to be done to ensure families can thrive.

"The Equal Pay Act of 1963 was a powerful first step, but the law has been weakened over time as the workforce demography has changed. We need new tools to fight discriminatory pay practices, and we need effective incentives and assistance to help employers comply with the law. The Paycheck Fairness Act provides these tools by closing loopholes in the Equal Pay Act and putting new protections in place for the benefit of all American workers. Its passage is long overdue.

"AAUW commends Representative Rosa DeLauro (D-Conn.) for her leadership on this bill for over 20 years. We urge the Senate to follow the House's lead and act now to pass the Paycheck Fairness Act. We can't wait any longer for equal pay."

Mary C. Hickey, AAUW

YOU CAN: GIVE WOMEN TOOLS TO NEGOTIATE THEIR SALARIES

Did you know that 57% of men try to negotiate their salary, but only 7% of women do?

HOW CAN YOU PROVIDE WOMEN WITH THE SKILLS THEY NEED TO NEGOTIATE TO HELP CLOSE THE GENDER PAY GAP?

THE ANSWER: You can spread the word about the **FREE** AAUW salary negotiation workshop course **"WORK SMART ONLINE"** at <https://salary.aauw.org/>. It is a complete computer course, comprehensive, amazing, informative, and worthwhile. It gives women the tools they need to negotiate for better salaries and benefits. They'll learn the market value of their skills and experience; be able to determine an equitable "target salary"; and have more confidence and better negotiating skills to ask for and get the pay they deserve.

Do contact family, friends, and acquaintances who would benefit from taking this **FREE WORK SMART ONLINE** class and encourage them to us it and to tell others about it.

AAUW LEADING THE WAY TO GENDER PAY EQUITY!

Nancy Mion, AAUW Empire State NYC Branch

Public Policy



Public Policy Updates from Public Policy VP & State Board Public Policy

Liaison, Hon. Edwina Frances Martin, Esq.

The Census Is Critical to the Futures of New York State. According to Governor Andrew Cuomo, New York State's Census response rate is at 56.7%, well below the national average of 60.5%. We can do better. If battling the COVID-19 pandemic has taught us anything, it is that it is vital for our future that every New Yorker takes a few minutes to complete the Census form to ensure that our state receives its fair share of national resources. And it couldn't be easier this year because it can be completed online. Visit my2020census.gov and make sure all your family, friends, and neighbors do too. If you are not counted, you don't exist. 10 questions, 10 minutes for 10 years of funding for our communities.

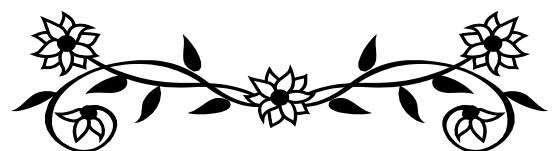
Have You Supported GEEA? GEEA — The Patsy T. Mink and Louise M. Slaughter Gender Equity in Education Act, H.R.3513, 116th Congress (2019-2020) (<https://www.congress.gov/bills/116/congress/house-bills/3513/text?r=7&s=1>) — will help to reduce and prevent sex discrimination in all areas of education by supporting the vital, on-the-ground work of Title IX coordinators through additional resources, training, and technical assistance. It will also authorize competitive grants to K-12 schools, colleges, local educational agencies, or states to support their gender equity work by:

- Providing additional resources, training and technical assistance to educational entities in order to ensure compliance with Title IX.
- Establishing an Office of Gender Equity in the U.S. Department of Education to coordinate activities within the Department and among other federal agencies.
- Supporting the work of thousands of Title IX coordinators by providing annual training and technical assistance.
- Authorizing competitive grants to K-12 schools, colleges, local educational agencies, or states to support their gender equity work.

Particularly during this time when Title IX is under assault, it is critical to send the message that NYS will protect what it stands for, the right to education without harassment. During times of crisis it is all too easy to forgo basic civil rights, but it is paramount that we ensure those who are most vulnerable are protected in times of peril. If you did not receive the recent AAUW Two-Minute Activist encouraging you to write to your congressional and senate representatives in support of this legislation, visit <https://www.aauw.org/act/two-minute-activist/geea/>.

Edwina Frances Martin, Esq.

NYS Public Policy Liaison
ESVB Public Policy Co-VP
Member, National Board of Directors, American Association of University Women
Co-Chair, Committee on Leadership Development, New York State Bar Association
Member, Board of Directors, NY Bar Foundation



Diversity Director Anita Nahal

Congratulations to our Diversity Director, Anita Nahal, Ph.D. on her two latest books:



- Hey...Spilt milk is spilt, nothing else (book of poems)
- Life On The Go-Flash fictions from New Delhi to America (book of very, very short stories)

The Role of a Diversity Practitioner



The Role of a Diversity Practitioner

by Anita Nahal, Ph.D., CDP

Change agent? The elephant in the room? The un-defined but pertinent pianist? What is the role of a diversity practitioner?

<https://societyfordiversity.wordpress.com/2014/02/27/change-agent-the-elephant-in-the-room-the-un-defined-but-pertinent-pianist-what-is-the-role-of-a-diversity-practitioner-by-anita-nahal-ph-d-cdp-2/>

EYO Pictures! Cont'd

Explore Your Opportunities:
The Sky's the Limit!™Explore Your
Opportunities:
The Sky's the Limit!™

2020 Conference

Date: Saturday, April 17, 2021
College of Mount Saint Vincent
Riverdale (Bronx), New York

Educational Workshops for EYO

1. **Blizzard in a Bottle!** Create a "snowflake crystal" scene in a jar using Chemistry!
2. **Brain Games.** Learn about some of the mind boggling things a brain can do from making memories to controlling emotions.
3. **Egg-cellent Parachutes Don't let it Splatt!** Learn about the basic of flight in order to ensure your egg's safe landing in a parachute.
4. **Hands-On Cosmetic Chemistry.** Step into the laboratory and design your own cosmetic portion.
5. **It's a Sugar...It's a Base...It's DNA!** Discover the structure of DNA and learn how to isolate DNA from your own cells painlessly.
6. **Kitchen Concoctions!** Ransack your kitchen and come learn the chemistry behind the products you see in your cabinets every day!
7. **Lifting the Chemical Fingerprint.** Learn to be a detective and start using your eyes, ears, nose and some weird tools to track down strange smells ... let's hunt down those clues!
8. **Paper Engineering + Origami = (Fun)!²** You will learn how to use paper to build a icosahedron shaped container in which you can store jewelry and other small items. You will also make a spinning top.
9. **Play Doctor.** Learn the physical exam components and tools that the doctors and PAs use to evaluate sick patients.
10. **Playing Games in Alice World!** Learn to create interactive games using "Alice" programming.
11. **Rolling DroneBots.** Manually operate and program Unmanned Ground Vehicles.
12. **Using Leverage to get Super Powers..** Learn basics about how levers can multiply force and how leverage is used in everyday items. Build and take home a model of a common type of lever.
13. **Wading through the Web.** Smarter searching on the Internet—DeeperWeb, Clusty, Carrot, website reliability checks. Oh My!
14. **What is a Cell?** Ever wonder how big cells are? Play a computer game to help scientist's measure cell sizes.
15. **Whatever Floats Your Boat.** Keep your boat afloat with your knowledge of material science and forces.
16. **Women & Machine.** Learn about and create mechanical systems that mimic or interact with the human body in beautiful and useful ways.



Blizzard in a Bottle!



Lifting the
Chemical
Fingerprint



Monthly Events

In All The Spaces: Diverse voices in global women's poetry

In All The Spaces: Diverse voices in global women's poetry

Edited by Roopali Sircar Gaur and

Anita Nahal, Diversity Director

BOOK RELEASE set for March 2020

Publishers: Authorspress, New Delhi, India



living, loving, dying, surviving and thriving. Also, you will find spellings that are both British English and American English.

We hope this volume will be useful as required reading for literature, sociology, anthropology, gender, international and multicultural courses around the globe. It could well be a strong reference book of women poets writing about humanity and our world in different parts of the planet, and in varied manners, styles, and voices. We chose not to have well known poets in this volume for we want to share with you those poets who aren't under the limelight. Our poets have lived in the shadows, at the periphery, and at the center of life's myriad realities and dreams, and created new pathways, new journeys and like alchemists they seek to employ their hidden, unknown, seemingly magical powers to urge on the process of transmuting of experiences...yours and ours.

Roopali Sircar Gaur and Anita Nahal

If you would like to contact the authors, please email at:

anitanahal@yahoo.com and roopalisircar@gmail.com

(The above review pulls a lot from the introduction to the book)

Virtual Chair Yoga

Diversity in a poetry volume

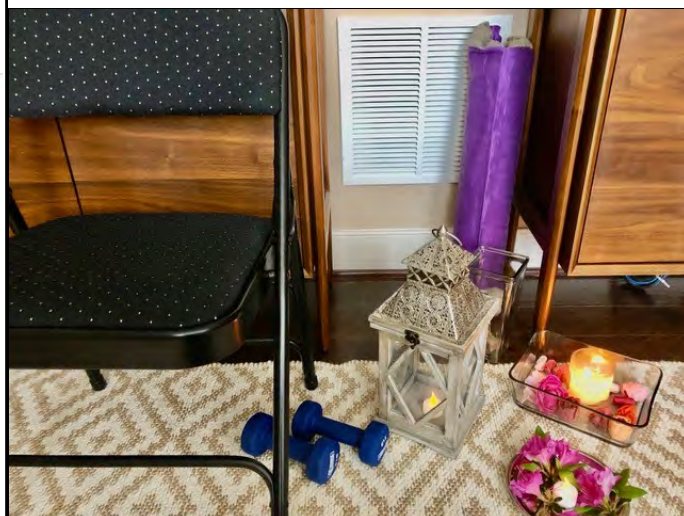
We worked for three years on this volume...a lot of time, energy, discussions, frustrations, tears and smiles went into this effort! We wanted to bring out an edited book with poems by women from all over the world. Some asked us, "why just women poets?" Our answer, said quite in unison, "because women don't often have a space for themselves only." We were in a kind of frenzied dedication to find women poets from different countries, and also those who were not so well known. So, we wanted to uplift others and ourselves. And today, the hard work, long hours, and continuous drafts has brought us to the wondrous moment when we have just received a contract for the publication of the book. It stands at 23 poets strong with their diverse writings, styles, themes spread over 272 pages!

Four generations of intelligent and smart women have contributed their poems to this volume which we believe could become a great reference book on how women from diverse cultures, nationalities, ethnicities, religion and so forth select the themes they want to write about and how they express their thoughts and emotions. In a growing divisive world, our poets are rooting for peace and understanding, friendship and humanity. Through projecting commonality and divergence of experience despite the diverse cultures we are positing the truth of humanity and questioning the false ideology of hatred and separateness.

Do women poets write differently? Is our poetry confined only to our homes? These are oft pondered and critically raised queries. The answer is simple. We women, like men, also write of personal love and loss, celebrate births and grieve deaths, and sing of clouds, nightingales and skylarks. And we write on all possible topics such as; gender, ethnicity, nationality, immigration, religion, language, domestic violence, relationships, nature and so forth. Yet, because we stride many real worlds, we freely choose the ones we wish to occupy. Other spaces and other places compelled by our hearts and souls. Our poetry keenly observes minute details of the teeming multitudinous world around us, filling rainbow colors and sometimes stark black and white. Our memories we suffuse in sepia colors.

From Delhi, Gurgaon, Vishakhapatnam, Meerut, Kohima and Goa in India to Vilnius in Lithuania to Virginia, Maryland, New Jersey, Florida in the United States, to British Columbia in Canada, Islamabad in Pakistan, Kampala in Uganda, Kathmandu in Nepal, and, London in the United Kingdom, and some originally from other places such as Japan, Afghanistan, India, Europe and Africa but now residing in the US...we are poets – and we are women. We made sincere and wholehearted efforts to find poets from other parts of the world, too. It wasn't easy. We were attempting to create that very special space that only we women can create for ourselves.

Find in this large, endearing volume a plethora of voices and writing styles, which we did not alter. Some poets write in lower caps, and for some the first letter needs to be in capital letters. For others, the title needs to be in capital letters, and for others there are no grammatical rules. Why would we go with rules, after all, as women, as humans, traversing numerous boundaries, we hope to have no rules that bind, enslave, abuse or ridicule. And so, we let our poets freely express themselves in the styles of their choosing and in the process allowed for a polarity of expressions on life,



Topic: Chair Yoga

Date: Every Saturday morning!

TIME: 10:00 AM Eastern Time, 7:00 AM Pacific Time

Join us and enjoy "Chair Yoga" with Dr. Anita Nahal, LVCY certified teaches a quick 30 minute virtual Chair Yoga class. Join in for strengthening, stretching, some asanas (poses), mudras (hand gestures, and Shavasana (meditation and relaxation). For more on Anita's class, please see: <https://anitanahal.wixsite.com/anitanahal/chair-yoga>

"Yoga is about building a better relationship with yourself!" – Anita Nahal

Anita Nahal is inviting you to a scheduled Zoom meeting.

Click on the link below to join the Zoom meeting:

<https://us02web.zoom.us/j/89324443837?pwd=MDJJBkJDdGZVnhuZDQvUVRUaDdwQT09>

Meeting ID: 893 2444 3837

Password: 797685

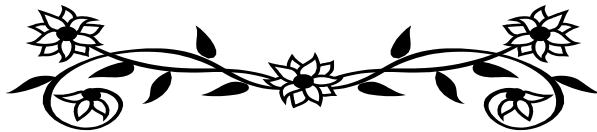
If you wish, please have 3 to 5 pound weights, or water, juice bottles. We might do some weight lifting!!

CALENDAR FOR SEPTEMBER - DECEMBER 2020

Happy Fall!

Day	Date	Time	Event
Wed	09/23/20	11:30 am—	Fireside chat with Maria Ellis. Topic: Achieve Financial Freedom, a road map to financial success. Click on the link below to join us at the fireside chat. https://us02web.zoom.us/meeting/register/tZMocOupqj8uH9bT36Yr0ZFwqw_MBTvxSJ1o
Wed	10/14/20	6:00 pm—	Becoming an Inclusive Leader: Why should you care about generational differences among women of color?
Thurs	10/15/20	12:00 — 2:00 pm	Start Smart/Work Smart Salary Negotiation workshop. The workshop is sponsored by the Empire State NYC Branch and the New York Institute of Technology in New York City
Thurs	11/19/20	12:00 pm—	Best Practices Achieve Financial Freedom, a road map to financial success.
Thurs	12/17/20	5:30—7:00 pm	Virtual Holiday Party!

Note: To participate in the events, email mellis@fsacap.com for access. Thank you!



Thank You for
Your Donation to
the AAUW Funds!

Ewie Currie Giving Circle \$100.00, Margaret Currie
Unrestricted LAF Support \$100.00, Maria Ellis
LAF Fund \$100, Dr. C.S. Rani
Tech Trek Fund \$20.00, Heidi Parreño
AAUW Fund \$20.00, Elaine Fenton



AAUW Student Organizations

AAUW Student Organizations are composed of students enrolled in college who are interested in AAUW issues and programs. To start your own Student Organization at your college, email Maria at mellis@fsacap.com

★ **Members interested in scheduling an event/meeting for the branch please contact the Program VP to reserve dates and confirm before publicizing the event/meeting.**

☆☆☆ Maria Ellis, mellis@fsacap.com ☆☆☆
 ☆☆☆ C.S. Rani, Ph.D., csrani.rani.@gmail.com ☆☆☆

Save the Dates:

Fireside Chat with Maria Ellis

Wed, September 23, 2020, 11:30 am—

**Virtual Chair Yoga
Every Saturday**

10:00 AM Eastern Time, 7:00 AM Pacific Time
See page 8 for details

Becoming an Inclusive Leader: Why should you care about generational differences among women of color?

Wed, October 14, 2020

6:00 pm—

**Start Smart/Work Smart Salary
Negotiation Workshop:
Thurs, October 15, 2020
12:00 - 2:00 pm**

Best Practices Achieve Financial Freedom, a road map to Financial success
Thurs, November 19, 2020
12:00 pm—

Virtual Holiday Party!
Thurs, December 17, 2020
5:30—7:00 pm

Empire State NYC Branch Membership

Join or renew your membership with AAUW Empire State NYC Branch!

AAUW national dues are \$59, AAUW NYS dues are \$13.00, and the Empire State Virtual Branch dues are \$5.00. The branch dues year is July 1 to June 30, and if you join now, your membership is good through June 30, 2020. See the various memberships below and to join, please visit our website at <http://empire-ny.aauw.net/membership/>

- § **Not currently a member of AAUW:** \$77 (\$59 for national dues, \$13 for NYS; \$5 for Empire)
- § **Current branch member:** \$5 for a dual membership
- § **Current member-at-large:** \$18 (\$13 for NYS; \$5 for Empire)
- § **Current student member :** \$17 a year (if college is not an AAUW member)
- § **Current student member** on an AAUW NY member campus: Free
- § **New Graduate:** first year free
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Membership *dues can be paid by a credit card or check.* This feature is available on our website. Go to:

https://svc.aauw.org/RECore/wMembership/NewJoinBranch_Enter.asp?branchid=NY2091

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 AAUW NYS President:: Janice Brown
 AAUW Empire State NYC Branch President:: Maria Ellis

Websites:

National: www.aauw.org
 State: www.aauw-nys.org
 AAUW Empire State NYC Branch: <http://empire-ny.aauw.net/>
 EYO: www.aauw-eyhconference.org

Webmaster: Chigurupati S. Rani, Ph.D.; csrani.rani@gmail.com
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Members will kindly send in their articles for
 the Empire Times
 at the beginning of each quarter
 (January 7, April 7, July 7, October 7)
 to mellis@fsacap.com & csrani.rani@gmail.com.
 Send your ideas and letters to
 Maria Ellis and C.S. Rani, Ph.D.

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 advances equity for women
 and girls through advocacy,
 education, and research.

AAUW will be a powerful advocate and
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Moving the Mission Forward

The Empire State NYC Branch is the first virtual branch in New York State.

